

# safeTALK



CARE FORCE



October 2, 2019 | 6:00 - 9:00pm

Grace School of Theology

3705 College Park Dr, The Woodlands, TX 77384

## Course Purpose

safeTALK is a half-day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTALK-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources, such as caregivers trained in ASIST.

Since its development in 2006, safeTALK has been used in over 20 countries around the world, and more than 200 selectable video vignettes have been produced to tailor the program's audio-visual component for diverse audiences. safeTALK-trained helpers are an important part of suicide-safer communities, working alongside intervention resources to identify and avert suicide risks.

safeTALK helps expand the reach of suicide intervention skills in communities around the world. Watch this video from the Ontario Hockey Association, one of the many organizations that have implemented safeTALK, or click the links below to participate in or support this life-saving program.

## Learning Goals & Objectives

Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help

## Training Features

- Presentations and guidance from a LivingWorks registered trainer
- Access to support from a local community resource person
- Powerful audiovisual learning aids
- The simple yet effective TALK steps: Tell, Ask, Listen, and KeepSafe
- Hands-on skills practice and development

## Course Cost (Click to Register)

\$30 Regular Price \$75.

This course is subsidized by Cassidy Joined for Hope,

Minimum class size 16. Maximum 30.

<https://www.careforce.us/offers/DiCoN5Ba/checkout>

[Click here to find other courses https://training.careforce.us/](https://training.careforce.us/)

**CAREForce** provides organizational development, training, and practical response to individuals and organizations in crisis. Trained chaplains working within a triad of care consisting of mental health, peer support and chaplains, provide physical, emotional, cognitive, behavioral and spiritual support following a critical incident.

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