



# Joined for Hope Club Guidelines

in affiliation with

**Cassidy Joined for Hope, Inc.**

[www.CassidyJoinedforHope.com](http://www.CassidyJoinedforHope.com)

## 1. Introduction:

The Cassidy Joined for Hope, Inc. Foundation welcomes your school as our newest “**Joined for Hope**” Club member. We look forward to partnering with you and your school in finding ways to prevent the “Silent Epidemic” of youth suicide through educational and awareness programs and events. Your school has recognized the need of this important movement and we thank you for being part of the solution.

To learn more about how this foundation and the school clubs began, please visit our website: [www.CassidyJoinedforHope.com](http://www.CassidyJoinedforHope.com)

## 2. Vision:

Save lives by preventing teen suicide and bring HOPE to students struggling in silence.

## 3. Mission:

- A. Break the Silence: Remove the stigma attached to suicide, depression, and feelings of hopelessness so that preventative conversations may begin in the schools.
- B. Create peer to peer mentorships / support systems / safe place to talk
- C. Spread Suicide Awareness through the school and community:
  - 1. National Suicide Prevention month in September
  - 2. Out of the Darkness Walk
- D. Volunteer with Cassidy Joined for Hope, Inc. functions (students may earn community service credits)

## 4. Core Values:

- A. Faith Based
- B. Encourage Kindness
- C. Develop a positive SELF-IMAGE
- D. Develop a strong personal character

**5. Joined for Hope School Club By-laws:** (as outlined in Cassidy Joined for Hope, Inc. bylaws)

The Cassidy Joined for Hope, Inc. shall act and serve as the parent or national organization, and your Joined for Hope School Club shall act and serve as a local affiliate subject to Cassidy Joined for Hope, Inc.'s rules in addition to your school district's rules. In order for your school to be established or accepted as an affiliate of Cassidy Joined for Hope, Inc., the following requirements must be met:

- A. The School Club must be established by and comply with all rules of the School where it is located and the school district governing that school (if any), and shall not take any action which would cause Cassidy Joined for Hope, Inc. to violate its Texas Charter or IRS 501(c)(3) status.
- B. The School Club and its members must abide by and comply with its chartering school and school district rules as well as all other ordinances, laws and regulations.
- C. The School Club must use the phrase "Joined for Hope" as part of its club name (ex: Cavs Joined for Hope).
- D. The School Club must submit its club charter and operating rules or by-laws to Cassidy Joined for Hope, Inc., for input, revision and approval, including any subsequent rules or by-laws amendments, and no such rules or by-laws shall be effective until receiving approval by Cassidy Joined for Hope, Inc.'s Board.
- E. The School Club shall hold at least two events per year (whether fundraisers or simply for awareness), one in the first semester and one in the second semester, and shall submit such events for input and approval by Cassidy Joined for Hope, Inc.'s Board.
- F. The School Club shall have, at a minimum, the following officer positions: (1) President; (2) Vice President/ Cassidy Joined for Hope, Inc. Liaison; (3) Secretary; and (4) Treasurer. The School Club shall also have, at a minimum, one teacher or school administrator who agrees to help oversee and administer the club and its operations at all times. The School Club sponsor(s) should have a passion for suicide prevention and building community for the students.
- G. The School Club's Vice President/ Cassidy Joined for Hope, Inc. Liaison, or in the instance of a scheduling or other conflict another officer of the School Club, shall attend the annual meeting of Cassidy Joined for Hope, Inc. in order to report on the School Club's activities and to report back to the School Club on the activities of Cassidy Joined for Hope, Inc. (This meeting may be virtual.)
- H. Affiliation of the School Club with Cassidy Joined for Hope, Inc. shall at all times be solely at the discretion of Cassidy Joined for Hope, Inc. and the Board may terminate any such affiliation at any time and do so with or without cause.

## 6. Joined for Hope School Club Activities:

### A. Entire School Year:

1. **Club meetings:** Club should meet as often as necessary to plan events and spread awareness. Planned projects/ activities are suggested during meeting times in order to be productive and maintain interest. Suggested activities for meetings may: Positive/ inspirational post-it notes, Peyton Hearts, Kindness Rocks, Positive message posters, etc.
2. **Create Joined for Hope website and/ or social media accounts** to be linked to the Cassidy Joined for Hope national website.
3. **Volunteer at Cassidy Joined for Hope, Inc., sponsored events** (students may earn community service credits)
4. **Promote Kindness** by supporting kindness organizations and their projects. Examples may include:
  - Peyton Heart Project (<http://www.thepeytonheartproject.org>)
  - Kindness Rocks Project (<http://www.thekindnessrocksproject.com>)

### B. FALL Semester:



1. **SEPTEMBER is National Suicide Awareness Month.**

Highlight this month to spread suicide awareness throughout your school and community by planning/ participating in awareness activities and events (similar to highlighting October as cancer awareness month).

  - A. **National Suicide Prevention Week** is the Monday - Sunday surrounding World Suicide Prevention Day, September 10. Organize activities to promote suicide awareness during this week. Examples may include:
    - **Happy Door Greeter Day:** Greet students at front doors of school (wearing club t-shirts) with a positive message and hand out Club flyers introducing the club and listing the week's activities
    - **Random Acts of Kindness:** Students get caught doing a Random Act of Kindness throughout the week and have their name added to a pot for prize drawings on Friday!
    - **Peyton Heart Project:** Spread Peyton's Hearts throughout the school with positive messages
    - **Positive Post-It Notes:** Spread positive and inspirational messages throughout the school with post-it notes
    - **Meet at the pole:** Meet at the flagpole before school for prayer and support
    - **Purple Friday:** Show your support for Suicide awareness and wear PURPLE to school on Friday

- B. **Sporting Events:** Promote suicide awareness and prevention during school sporting events (football games, volleyball games, etc.) by encouraging the teams, clubs and student body to participate by representing the color purple in some way (similar to pink for breast cancer awareness month). Some ideas may include:
- cheerleaders: purple pom-poms & bows
  - football players: purple socks and/or national suicide prevention sticker on helmets
  - Other School Clubs (ROTC, etc.) purple shirts (including Joined for Hope Club t-shirts)
  - dance teams/ twirlers: purple bows
  - volleyball players: purple socks and/ or bows
  - band: purple ribbon pinned to uniform to tied onto instrument.
- C. **Kick-Fest:** Annual community wide kickball tournament hosted by Cassidy Joined for Hope, Inc. This event will take place in September at a sports park in The Woodlands, Texas and will serve as an annual fundraiser and awareness event for Cassidy Joined for Hope, Inc., Foundation. All “Joined for Hope” school clubs are expected to help promote, organize, and participate in the tournament and invite more teams to join in efforts to spread the awareness throughout the schools and community (Jr. High through Adult ages).
- D. **Awareness Event:** Host a presentation focusing on suicide awareness and prevention.

## 2. **NOVEMBER: Out of the Darkness Walk**

- A. Participate and encourage community involvement in the annual local “Out of the Darkness” Walk hosted by the American Foundation for Suicide Prevention. The Cassidy Joined for Hope, Inc., Foundation and local “Joined for Hope” school clubs will participate in the “Out of the Darkness” walk in The Woodlands, Texas in November. Other schools may participate in their local “Out of the Darkness” walk during the month it is hosted.

## C. **SPRING Semester:**

1. **Spring Suicide Awareness Event:** Plan/ coordinate (preferably with other school clubs’ participation) a school-wide suicide awareness presentation. This could be through a short play, skit, musical, video, etc. The goal is to have as many different school clubs/ students join together to find creative ways to spread the awareness.
2. **Scholarship:** Active senior Joined for Hope Club members are eligible to be considered for a scholarship to be awarded by Cassidy Joined for Hope, Inc., Foundation. Interested students can download an application from the Foundation’s website ([www.CassidyJoinedforHope.com](http://www.CassidyJoinedforHope.com)).

## 7. Seeding new Joined for Hope clubs:

Cassidy Joined for Hope, Inc. Foundation will seed all Joined for Hope school clubs by providing the following:

- A. 20 club t-shirts
- B. 100 club bracelets
- C. If additional funding is needed for events/ activities, the school club may apply for a Grant from the Foundation. See Foundation website for Grant application.

We thank you for joining us in being part of the solution to such a devastating national epidemic. We are committed to continue this movement of HOPE, but we cannot do it without the school's and community's support.

TOGETHER ... we can make a difference.

TOGETHER ... we can save lives.

*“You’re doing better than you think you are ...  
and God’s doing more than you think He is”.*

*c.j.h.*



# Joined for Hope Club Guidelines Acknowledgement Form

in affiliation with  
**Cassidy Joined for Hope, Inc.**  
[www.CassidyJoinedforHope.com](http://www.CassidyJoinedforHope.com)

In signing this agreement, I acknowledge that I have read the Joined for Hope Club guidelines established by Cassidy Joined for Hope, Inc. I accept my responsibilities as sponsor of our school's Joined for Hope Club and will ensure the Club operates in a manner that upholds these guidelines.

\_\_\_\_\_  
Club Sponsor (Print Name)

\_\_\_\_\_  
School Position

\_\_\_\_\_  
Club Sponsor (Signature)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Proposed "\_\_\_\_\_ Joined for Hope" Club Name (to be approved by Cassidy Joined for Hope, Inc.)

\_\_\_\_\_  
Proposed T-shirt and bracelet font color (to be approved by Cassidy Joined for Hope, Inc.)

♥ cavs joined for hope ♥

you're doing better than u think u r

