



Joined for Hope Club Guidelines

in affiliation with
Cassidy Joined for Hope, Inc.
www.CassidyJoinedforHope.com

1. Introduction:

The Cassidy Joined for Hope, Inc. Foundation welcomes your school as our newest “**Joined for Hope**” Club member. We look forward to partnering with you and your school in finding ways to prevent the “Silent Epidemic” of youth suicide through educational and awareness programs and events. Your school has recognized the need of this important movement and we thank you for being part of the solution.

To learn more about how this foundation and the school clubs began, please visit our website:
www.CassidyJoinedforHope.com

2. Mission:

- A. Break the Silence: Remove the stigma attached to suicide, depression, and feelings of hopelessness so that preventative conversations may begin in the schools.
- B. Spread Suicide Awareness through the school and community and provide mental health resources.
- C. Volunteer with Cassidy Joined for Hope, Inc. functions (students may earn community service credits)

3. Vision:

Save lives by preventing teen suicide and bring HOPE to students struggling in silence.

4. **Joined for Hope School Club By-laws:** (as outlined in Cassidy Joined for Hope, Inc. bylaws)

The Cassidy Joined for Hope, Inc. shall act and serve as the parent or national organization, and your Joined for Hope School Club shall act and serve as a local affiliate subject to Cassidy Joined for Hope, Inc.’s rules in addition to your school district’s rules. In order for your school to be established or accepted as an affiliate of Cassidy Joined for Hope, Inc., the following requirements must be met:

- A. The School Club must be established by and comply with all rules of the School where it is located and the school district governing that school (if any), and shall not take any action which would cause Cassidy Joined for Hope, Inc. to violate its Texas Charter or IRS 501(c)(3) status.
- B. The School Club and its members must abide by and comply with its chartering school and school district rules as well as all other ordinances, laws and regulations.
- C. The School Club must use the phrase “Joined for Hope” as part of its club name (ex: Cavs Joined for Hope).
- D. The School Club shall have the following officer positions: (1) President; (2) Vice President; (3) Secretary; (4) Treasurer and (5) Social Media Manager. Each officer can assign committees for specific events. The School Club shall also have, at a minimum, one teacher or school administrator who agrees to help oversee and administer the club and its operations at all times. The School Club sponsor(s) should have a passion for suicide prevention and building community for the students.
- E. The School Club shall submit meeting minutes monthly to Cassidy Joined for Hope, Inc.
- F. Affiliation of the School Club with Cassidy Joined for Hope, Inc. shall at all times be solely at the discretion of Cassidy Joined for Hope, Inc. and the Board may terminate any such affiliation at any time and do so with or without cause.

- G. The School Club must submit a signed "Annual Officer/ Sponsor Acknowledgement Form" (**Form B**) annually to Cassidy Joined for Hope, Inc. In addition, all New School Clubs must submit "Club Charter Acknowledgement Form" (**Form A**) to Cassidy Joined for Hope, Inc.

5. **Joined for Hope School Club Activities**

The Cassidy Joined for Hope Foundation is in alignment with the American Foundation for Suicide Prevention (AFSP) through resources and training to educate and encourage suicide prevention initiatives for students.

Entire School Year:

- A. **Club meetings:** Clubs should meet as often as necessary to plan events and spread awareness throughout the entire school. Club officers should meet with Club sponsor prior to each meeting to plan the month's activity (refer to **Exhibit "B"** - Joined for Hope Club - Proposed Monthly Activities) and create the meeting agenda. Meetings should include discussion/ presentation about the month's topic, planned activity for the meeting, and an action item to be carried out throughout the school that month to engage the entire student body. Speakers may be brought in to meetings (CJH Foundation can help arrange speakers for clubs). It is highly encouraged to invite members of other school clubs/ organizations to the meetings in order to create an "all inclusive" and more diverse Joined for Hope Club. Joined for Hope Clubs should collaborate with other clubs/ organizations in order to better spread the mission throughout the school.
- B. Create Club social media accounts to be linked to the Cassidy Joined for Hope national website (Facebook, Instagram, Twitter, etc.).
- C. Volunteer at Cassidy Joined for Hope, Inc., sponsored events. These include speaking events throughout the year, Out of the Darkness Walk in November, and Hope for the Holidays fundraiser in December.

Monthly Activities: See attached **Exhibit "B"** - Joined for Hope Club - Proposed Monthly Activities chart. Each month, a theme relating to mental health/ suicide prevention is listed with suggested activities. This is not an all inclusive list and new ideas are always welcome.

6. **Suicide Prevention Training:**

The Cassidy Joined for Hope Foundation sponsors numerous levels of suicide prevention training or both students and educators. We encourage training for all club members. Training can be completed during club meeting times. Contact the Cassidy Joined for Hope Foundation for more information: info@CassidyJoinedforHope.com.

7. **Scholarships:**

Active senior Joined for Hope Club members are eligible to be considered for a scholarship to be awarded by Cassidy Joined for Hope, Inc., Foundation. Interested students can download an application from the Foundation's website (www.CassidyJoinedforHope.com).

8. **Funding from the Cassidy Joined for Hope Foundation:**

New Joined for Hope clubs:

After approval of the Club Charter Acknowledgement Form (**Form "A"**) the Cassidy Joined for Hope Foundation will provide the initial \$500 funding for start-up costs. Once all officers have been elected, the Annual Officer/ Sponsor Acknowledgement Form (**Form "B"**) must be submitted. If additional funding is needed for events/ activities, the school club may apply for a Grant from the Foundation. See **Form "C"** for Grant Application.

Existing Joined for Hope Clubs:

After approval of the Annual Officer/ Sponsor Acknowledgement Form (**Form "B"**), the Cassidy Joined for Hope Foundation will provide annual \$200 funding for activities throughout the year. If additional funding is needed for events/ activities, the school club may apply for a Grant from the Foundation. See **Form "C"** for Grant Application.



Joined for Hope Club Charter Acknowledgement Form

in affiliation with
Cassidy Joined for Hope, Inc.
www.CassidyJoinedforHope.com

By signing this agreement, I acknowledge that I have read the Joined for Hope Club Guidelines established by Cassidy Joined for Hope, Inc. I accept my responsibilities as sponsor of our school's Joined for Hope Club and will ensure the Club operates in a manner that upholds these guidelines. All information presented in Club Charter Acknowledgement Form must be approved by Cassidy Joined for Hope, Inc.

Once this form is submitted to the Cassidy Joined for Hope Foundation, initial funding of \$500 will be allocated to the Charter Joined for Hope Club.

Charter Joined for Hope Club Sponsor 2021-2022

School Name	School Mascot
School Address	
Proposed Club Name "(Mascot) Joined for Hope"	Proposed t-shirt & bracelet font color (if different)
Sponsor Name (print)	Email
Sponsor Signature	date



Approval from Cassidy Joined for Hope, Inc.

Name (print)	Signature	Date
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Joined for Hope
Annual Officer/ Sponsor Acknowledgement Form

in affiliation with
Cassidy Joined for Hope, Inc.
www.CassidyJoinedforHope.com

This form must be completed by both Charter and Existing Joined for Hope Clubs.

By signing this agreement, I acknowledge that I have read the Joined for Hope Club Guidelines established by Cassidy Joined for Hope, Inc. I understand that I may see, hear or witness personal student information in conjunction with my officer position and acknowledge the information is confidential and shall not be shared with other students. I accept my Club responsibilities and will ensure the Club operates in a manner that upholds these guidelines.

Once this form is submitted to the Cassidy Joined for Hope Foundation, annual funds of \$200 will be allocated to the returning Joined for Hope Club.

School Name

Club Name

Joined for Hope Club Officers/ Sponsor 2021-2-2022

Club Position	Name (print)	Email	Initial
Sponsor	Guides and empowers the club members to fulfill the mission of suicide prevention in their school.		
President	Organize and lead meetings and present options for monthly activities for the club. It is recommended this position be held by a member during his/ her Junior year. President and VP positions should be elected before the end of previous school year so that planning can take place over the summer.		
Vice President	Assists the President in determining monthly activities for the club. President and VP positions should be elected before the end of previous school year so that planning can take place over the summer.		
Secretary	Provide club updates to the Cassidy Joined for Hope Foundation on a monthly basis (include photos and summary of activity).		
Treasurer	Manages the club budget to ensure proper funds for activities that support the mission. Also submits grant application to the Cassidy Joined for Hope Foundation if additional funds are needed.		
Social Media Manager	Manages all social media channels for the club, sends an invite to the Cassidy Joined for Hope Foundation for each account and encourages all club members to follow and share all club posts.		



Joined for Hope
Club Grant Application

in affiliation with
Cassidy Joined for Hope, Inc.
www.CassidyJoinedforHope.com

Joined for Hope Club Name: _____

Contact Person	
Phone	
E-Mail Address	
Date of Event	
Dollar Amount Requested	

PLANNED ACTIVITIES

In a few short sentences, tell us your objectives for this project and how it relates to our mission of Suicide Prevention.

Applicant Signature _____ Date _____

Club Sponsor Signature _____ Date _____

For CJH Board Member User Only

Amount Approved	Signature	Signature



Joined for Hope Club T-Shirt & Bracelet Specifications

in affiliation with
Cassidy Joined for Hope, Inc.
www.CassidyJoinedforHope.com

All Joined for Hope Club T-shirts and bracelets must meet general specifications, including t-shirt color, logo, text content, text font, and text color. A digital file of the logo will be given to sponsor. It is the responsibility of each club to find a vendor for each and place orders directly through the club.



The below specs are based on shirts ordered through Custom Ink (www.customink.com) using Gildan colors. Font types should be a similar match to fonts listed below.

Shirt color: orchid
Text color: Navy

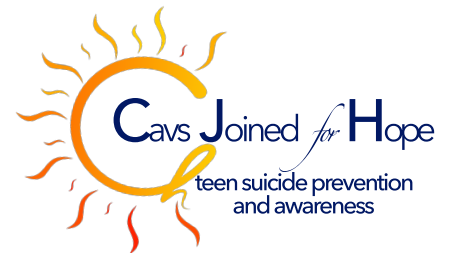
"CJH" Text font: Inside Out

"YOU'RE DOING BETTER THAN YOU THINK YOU ARE ... & GOD'S DOING MORE THAN YOU THINK HE IS." Text font: Inside Out

"Cavs Joined () Hope" text font: Al Bayan

for text font: Zapfino

"teen suicide prevention and awareness" text font: Al Bayan



An electronic file of the sun logo will be emailed to each sponsor

"CJH" represents Cavs Joined for Hope. Each club will have their unique initials. For example, Eagles Joined for Hope will have "EJH" on front of shirt



The below specs are based on silicone bracelets ordered through Wrist-Band (www.wrist-band.com). Bracelet colors and font types should be a similar match to specs listed.

Debossed Color Filled Wristband » Solid

Band Size - 1/2 Inch

Size - Adult(100)

Band Color - (Purple[100A])

Band Style - Solid(100)

Font Name - Cheri

Font Color - (White[100A])

Message Style - Front/Back

Front message - Cavs Joined for Hope

Back message - You're doing better than U think U R

Internal message - www.CassidyJoinedforHope.com

Front start clipart - [Heart2](#)

Front end clipart - [Heart2](#)

Joined for Hope Club - Proposed Monthly Activities

Month	Theme	Activity
August	School Orientation	Set up a club table at orientation to introduce the Joined for Hope Club
		Get approvals for planned activities in September including Purple-Out sports games
September	First Club Meeting Ice Breaker	Show "Seize the Awkward" video, vote on club officers and submit Officer/ Sponsor form
	National Suicide Prevention Month	Highlight this entire month to spread suicide awareness throughout your school and community by planning/ participating in awareness activities and events.
	More than Sad Training	Decide on date for "More than Sad" presentation (40 minute training from AFSP that teaches the signs and symptoms of depression and suicidal ideations)
	Sept. 10 - World Suicide Prevention Day	Promote "#ruOK?" PSA
	National Suicide Prevention Week	Monday - Sunday surrounding World Suicide Prevention Day. Organize activities to promote suicide prevention during this week. Include local behavioral health resources
October	National Bullying Prevention Month	Support David's Legacy Pledge campaign throughout the school to stop cyber bullying
November	Nov. 13 - World Kindness Day	Random Acts of Kindness - Promote random acts of kindness throughout the week.
		Promote "#Talk2Me" PSA
December	Hope for the Holidays	Organize a holiday gift drive with a local behavioral health hospital for teens.
		For Montgomery County area clubs: volunteer and promote "Hope for the Holidays" program benefitting Cassidy Joined for Hope Foundation
January	New Year- New You	Promote positive and motivating goals of how to be a healthy and happy person for the new year throughout the school
February	You Matter	Support the Peyton Heart Project by filling the school with Peyton's hearts and positive messages
		Select Club member to visit Junior High, Intermediate, and/ or Elementary Schools and share "You Matter" messages to younger students
March	Be a Life Saver	Promote how to be a "Life Saver" in your schools by attending and promoting a "More than Sad" presentation
	March 18 National Awkward Moments Day	Present the "Seize the Awkward" campaign
	College Scholarship Applications are available	Visit www.cassidyjoinedforhope.com/school-clubs to download application
April	National Stress Awareness Month	Promote reducing stress & anxiety
	College Scholarships Applications Due	Must be emailed to info@CassidyJoinedforHope.com by deadline date
May	National Mental Health Awareness Month	Organize a "Mental Health Awareness Day" at your school
	Prepare Club for upcoming year	Elect Pres. & V.P. Officers before school ends so they can plan for events in September (National Suicide Prevention Month) and orientation

NOTE: These are PROPOSED monthly activities, and not an all-inclusive list. Individual clubs are encouraged to incorporate new ideas for monthly activities that support teen suicide prevention. See Club Google Drive for examples of past activities.