

# APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)



CARE FORCE



June 20-21, 2019 | 0800-1700 (8-5p)

The Woodlands UMC 12200 Lake Woodlands Drive The Woodlands, Texas 77380  
Room D206 and D208

## Course Purpose

ASIST is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize and review risk, and intervene to prevent the immediate risk of suicide. It is one of the most widely used, acclaimed and researched suicide intervention training workshop in the world. ASIST prepares professionals, volunteers and informal helpers to know how to help persons with thoughts of suicide in ways that increase their suicide safety. Trainers are certified by Living Works, Inc. as accomplished practitioners in suicide prevention, intervention, and postvention.

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone 16 or older can learn and use the ASIST model.

Since its development in 1983, ASIST has received regular updates to reflect improvements in knowledge and practice, and over 1,000,000 people have taken the workshop. Studies show that the ASIST method helps reduce suicidal feelings in those at risk and is a cost-effective way to help address the problem of suicide.

## Topics Covered

- Identify people who have thoughts of suicide
- Understand how your beliefs and attitudes can affect suicide interventions
- Seek a shared understanding of the reasons for thoughts of suicide and the reasons for living
- Review current risk and develop a plan to increase safety from suicidal behavior for an agreed amount of time
- Follow-up on all safety commitments, accessing further help as needed.
- Increase knowledge and confidence to respond to a person at risk of suicide
- Recognize invitation for help
- Demonstrate the skills required to intervene with a person at risk of suicide
- Apply a suicide intervention model
- Link people with community resources
- Learning goals and objectives

## Course Cost

Click Below to Register

\$90 | <https://bit.ly/CAREForce-ASIST>

Regular Price \$195.

This course is subsidized by Cassidy Joined for Hope, Class size is limited to first 30 people.

**CAREForce** provides organizational development, training, and practical response to individuals and organizations in crisis. Trained chaplains working within a triad of care consisting of mental health, peer support and chaplains, provide physical, emotional, cognitive, behavioral and spiritual support following a critical incident.

### AFFILIATED PARTNERS

- Adam Davis Ministries
- Armed Forces Mission
- Calvary Steel Ministries
- Cassidy Joined for Hope
- Clinical Pastoral Education International
- Coach Alliance
- Counseling Team International
- Grace Center for Spiritual Development
- Grace School of Theology
- HeroTalk
- Integrative Recovery
- International Conference of Police Chaplains
- International Critical Incident Stress Foundation
- Joyful Child Foundation
- Living Shield Ministries
- LivingWorks
- National Council for Behavioral Health
- Reflective Life Media
- Remembrance Project
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